

PURE RICH BLOOD PREVENTS DISEASE

Bad blood is responsible for more ailments than anything else. It causes catarrh, dyspepsia, rheumatism, weak, tired, languid feelings, and worse troubles.

Hood's Sarsaparilla has been wonderfully successful in purifying and enriching the blood, removing scrofula and other humors, and building up the whole system. Take it—give it to all the family so as to avoid illness. Get it today.

REGARDING YOUR HEALTH: STATE BOARD WILL ASSIST

If wishing could give permanent good health to every citizen of Oklahoma; if wishing could avert all preventable diseases; if wishing could present clearly to each individual an exact picture of his mistakes in the care of his physical body from day to day; if wishing could bring to the people of Oklahoma a complete understanding of what they should do to fortify, protect and prolong their lives by stamping out disease of whatever kind;—all this would be done cheerfully by the Oklahoma State Board of Health.

Unfortunately, the average person is not only unwilling, but obstinately unwilling, to do his duty in preventing and circumventing disease. Many take the view that it is nobody's business whether they are sick or well, or whether they allow their families to engage in a daily struggle—at great cost in health and happiness,—with disease that could be prevented. If all this were the result of ignorance, the situation would be bad enough. Unhappily, it is caused frequently by indifference, indolence and conscious neglect.

Such persons commonly boast that they are able to take care of themselves without interference. The fact is, however, that such persons are a menace not only to themselves, but to society. No man has the right to be sick or to live contrary to

the known rules of health. He becomes dependent and a burden upon his community, upon his state, and upon the public generally to the extent that he fails to care for his health. No man of sound mind would come in contact with a case of cholera if he could escape it, yet this same man will make little effort to avoid a multitude of conditions, none of which cause a public panic, yet any one of which if uncontrolled may result in death. A decayed tooth, for example, may seem trivial and unimportant, yet bad teeth are the cause of much human misery and disease.

In recent years, the problem of the conservation of human health and human life has presented itself so forcefully to intelligent persons that governmental bodies are taking hold of it with both hands, determined to parley no longer with those who are so ignorant, lazy or backward as to insist that they should be left alone in their disregard of their duties to society in matters of health. The federal and state governments are combining more effectively than in any past time in a nation-wide effort to lift man above a merely animal-like existence. While one man may limp along the street with a crippled leg or an injured foot, attracting attention by reason of his misfortune, thousands are limping along with crippled health, due mostly to preventable disease, without making any effort to improve their condition.

The Oklahoma state board of health desires to render to the people of Oklahoma a real service in the betterment and conservation of their health and during the coming year will redouble its efforts in this direction. It has received assurances from every community that such information as it has been able to give in a public way during the year now closing has been helpful. The board of health would be grateful if each citizen during 1916 would devote at least a part of his time to health conditions in his respective community. This means not only lending a hand to particular problems of health that may arise locally, but it means an intelligent study of health matters, to learn why there is such nationwide agitation of the subject.

The state board of health desires to co-operate with individuals as well as with constituted authorities in stamping out sickness and disease in this state. It is a waste of time idly to read bulletins that urge the people against the housefly, against the danger of contaminated water, and against impure food, etc., unless the reader at once makes use of that information by seeing that it is applied in his own home and in his own community. If farmers would give as much real attention to the health of themselves and their families as they do to their pigs and calves, and if business men were as thoughtful about their own health and the health of their own towns as they are about driving a good bargain, Oklahoma would soon be able, like Atlas, to carry the world on its shoulders.

Proper, even fair—observance of hygiene and sanitation in Oklahoma during 1916 would be worth more in actual dollars and cents than the wheat crop, or any other crop.

Invigorating to the Pale and Sickly

CHICHESTER'S PILLS

THE DIAMOND BRAND
Pills for the relief of all ailments of the bowels, bladder, and kidneys. They are the only pills that are so gentle and so effective. They are the only pills that are so cheap and so reliable. They are the only pills that are so widely known and so highly recommended.

SOLD BY DRUGGISTS EVERYWHERE

LEGISLATURE TO CONVENE JANUARY 17.

SESSIONS WILL PROBABLY BE HELD IN INDIA TEMPLE BUILDING — MEMBERS THINK 30-DAY SESSION WILL SUFFICE.

Oklahoma City, Dec. 23.—While no official confirmation is obtainable it seems to be certain that a special session of the legislature will convene Jan. 17. The state board of public affairs today undertook negotiations for rooms in India Temple building to be occupied by the lawmakers and the date named is believed to be the time set for opening the session. The formal call is not expected before Jan. 1.

Members of the house and senate are co-operating in preparation of bills to be introduced under the recommendations of the governor. It is understood that some of the measures will start in the house and some in the senate. So far as can be learned, the number of subjects to be submitted is small, including the election law, that is considered the chief reason for the session; the usury bill, that has been the storm center of discussion preceding the call; revenue measures, industries for the state prisons, and the highway law, that requires some amendments.

Members who are at work on the program are of the opinion that the session can be completed in thirty days if the work to be done be well digested in advance and the efforts of the lawmakers confined to these subjects. It was announced by Governor Williams when he first considered the matter of calling the legislature, that the session ought to be completed in thirty days at the maximum and probably in twenty days. Whether this can be done will no doubt largely depend upon the amount of pressure that may be brought to bear upon the executive to permit the consideration of other measures than those which are now thought to be necessary.

Governor Williams has no statement to make as to his intentions in regard to calling the legislature, but there is every indication both about the executive offices and in the other offices of the state that the session is imminent and that the date has been fixed for Jan. 17.

That there will be other matters than those mentioned to be considered by the legislature is obvious in the condition of the 2c fare cases. The appropriation of \$75,000 made last winter is exhausted. It will require about \$25,000 to complete the trial of these cases and that will no doubt be asked for. The question of preferential primaries that has been close to the sympathies of Governor Williams is still pending and that it will be allowed to go before the lawmakers is likely. There are several members and senators with pet propositions that are to be perched and that Governor Williams will be prevailed upon to allow them to be taken up seems likely.

For gold fish, C. Boone Tallaferra, the undertaker, 218 W. Main. 20-5

Why You Should Use Chamberlain's Cough Remedy.

Because it has an established reputation won by its good works.
Because it is most esteemed by those who have used it for many years, as occasion required, and are best acquainted with its good qualities.
Because it loosens and relieves a cold and aids nature in restoring the system to a healthy condition.
Because it does not contain opium or any other narcotic.
Because it is within the reach of all. It only costs a quarter. Obtainable everywhere.

OKLAHOMA, NEW MEXICO & PACIFIC RAILWAY COMPANY

TIME TABLE No. 6
In Effect 12:01 a. m., October 5, 1915.
Supercedes Time Table No. 5 of September 6, 1914.

Westbound No. 3 No. 1		T. T. No. 6 Effective 12:01 No. 2 No. 4		Eastbound No. 2 No. 4	
Passenger Daily	Wednesday October 6th 1915.	STATIONS	Passenger Daily	STATIONS	Passenger Daily
P.M. A.M.	Lv. Ar.		A.M. P.M.	Lv. Ar.	
7:00	7:00	Ardmore	10:30	6:50	
2:05	7:04	West Ardmore	10:25	6:44	
3:20	7:25	Lone Grove	10:05	6:20	
4:05	7:55	Wiley	9:25	5:50	
4:45	8:25	Ringling	8:55	5:15	
P.M. A.M.	Lv. Ar.	STATIONS	A.M. P.M.	Lv. Ar.	
5:15	8:55	Ringling	8:55	5:15	
5:45	9:25	Wiley	8:25	4:45	
6:20	9:55	Lone Grove	8:05	4:20	
6:55	10:25	West Ardmore	7:45	4:00	
7:30	10:55	Ardmore	7:25	3:40	

W. J. STONEBURNER, Gen. Superintendent

THRIFT TALK—READ STORY OF THE FLY

BEWARE OF BUMPS AND PLEASANT ODORS — FOR SIMON-PURE PROTECTION, TRY THE SAVINGS BANK.

There is a certain vaudeville skit that is absurdly amusing, but absurdly true. It is a mock circus. One of the attractions is a patent fly catcher, and with all the pomp and ceremony of the usual circus barker, the merits of this invention are extolled.

Attracted by a pleasant odor coming from an open door with the word "welcome" overhead, the fly walks in. The surroundings are inviting. He enjoys himself immensely and proceeds to explore the place. Suddenly he finds himself on a cozy balcony. Attendants are there to wait on him, cool breezes are blowing, and refreshments are his for the taking. He rests awhile. Proceeding further, he finds himself on a higher balcony, with more attractions, and has another siesta. Exploring still further he finds another open door, with an inviting sign overhead, ventures out, only to find no balcony, and plunges to his death. Absurd, you say—yes. But true of many people in real life.

A certain music master had in his choir a promoter. He induced the musician to invest about three hundred dollars in a certain chewing gum proposition that promised large returns. The music master doubled his money in three months and was delighted with the new way of getting rich quick. The fly had found a cozy balcony and liked it.

Along came another proposition by the same man, that promised even better returns, but entailed more money. He was leading his victim to a higher balcony, and he, poor fly, didn't know it.

The music master consulted his banker, who advised him to keep his profits and stay out. "You will get the speculative fever and lose in the end," said the bank man; but the little fly knew better; he had tried one resting place and liked it, and would try another. He put practically all his savings in the new proposition, and inside of three months the promoter was missing, leaving a deserted office and a bale of stock certificates as his legacy to those who had come into his trap. The poorer but wiser music master got a bad bump and hasn't recovered from it yet.

It's the same old story—you can't beat the game. You may think yourself very smart; have perfect faith in your man and be in himself, but beware enticing odors and pleasant balconies—they surely lead somewhere and that somewhere is down.

For simon-pure protection, safety, sureness, worrylessness, you can't beat the savings bank. It invites you into no cooling hallways, on no restful balconies, makes no alluring promises of big returns, but sticks to the old and tried proposition that "twice two makes four," and works on the theory that "every little bit added to what you have makes just a little bit more." It pays you no large dividends, but the money is green, and just as surely as Fourth of July and New Year's roll around, you get your interest.

However, alluring other propositions may be remembered, the safe road is the sure road, and the sure road is the safe road. It may take a little longer to get there, but you are sure of where you're going. It's not the beginning that counts—it's the end.

The story of the fly trap is but the brilliant conception of an imaginative mind run riot; but it is horribly true. Many a man loses a fortune as the fly in the trap loses its life—first the pleasant invitation; the restful experiences; the desire for more pleasant experiences and, lured onward and onward, the plunge! Humanity may have more sense than the fly, but it often acts as if it didn't.

For gold fish, C. Boone Tallaferra, the undertaker, 218 W. Main. 20-5

FOR CHILDREN'S COUGH

You cannot use anything better for your child's cough and cold than Dr. King's New Discovery. It is prepared from Pine Tar mixed with healing and soothing balsams. It does not contain anything harmful and is slightly laxative, just enough to expel the poisons from the system. Dr. King's New Discovery is antiseptic—kills the cold germs—raises the phlegm—loosens the cough and soothes the irritation. Don't put off treatment. Coughs and Colds often lead to serious lung troubles. It is also good for adults and the aged. Get a bottle today. All druggists.

NOTICE BUILDERS

Lumber--Cheap Lumber

All kinds of lumber, doors and windows at very low prices. We ship house bills anywhere.

Write for Prices

BERNSTEIN BROS., Lumber

810-820 S. Broadway Oklahoma City, Okla.

SAFETY FIRST RULES ON CHRISTMAS FIRES ISSUED

New York, Dec. 22.—The safety first federation of America is sending out an appeal to the public to beware of the danger of Christmas fires. Warning is given that if candles are used on Christmas trees they should be constantly watched and a sheet of iron, tin or zinc should be placed beneath the tree to catch the drippings from the candles.

"Don't use any inflammable material in decorating the tree," reads the warning. "Cotton batting, particularly, should be avoided. Protect all gas lights with a globe or screen. "Don't decorate electric light globes with paper. "Have several pails of water handy in case the unexpected should happen. "If anyone's clothing takes fire, smother the flames with a rug, blanket or coat."

DR. BELL'S PINE-TAR-HONEY

For your cold, for your cough, for your feverish throat, nose and head, use Dr. Bell's Pine-Tar-Honey. Honey soothes the irritation, Pine-Tar cuts the phlegm, thus relieving congestion. Pine Tar also acts as an antiseptic, as a result general relief follows. Breathing becomes easier and further inflammation is arrested. Insist on Dr. Bell's Pine-Tar-Honey. It is an ideal treatment. Price 25c.

BARN BURNERS SEND THREATENING LETTERS

Ada, Okla., Dec. 23.—County Attorney Bullock and Sheriff Robert Duncan Wednesday received blackhand letters, threatening personal violence if they continue to try to run down the men who set fire to the barns of Commissioners Malone and Gilmore. The letter accuses Bullock of being too smart and Duncan too active just at this time. Citizens are wrought up over the matter. Many of the

DR. MOFFETT'S TEETHINA

TEETHING POWDERS

FULL DIRECTIONS IN EACH BOX FOR Cholera Infantum, Dysentery, Cholera Morbus, Worms, Diarrhoea and Constipation.

WRITE FOR OUR FREE MOTHER'S BOOK All About the Baby

C. J. MOFFETT MEDICINE CO. ST. LOUIS, MO.

Professional Cards

J. T. COLEMAN
Special and prompt attention given to probate and land matters. Office, Baird Bldg., rooms 2, 3, and 4 ARDMORE, OKLAHOMA

farmers who have opposed the dipping of cattle condemn the lawlessness that is breaking out. An extra man has been added to the police force of Ada to better protect the city against the night riders.

IMPERIAL CAFE

No. 11 N. Washington St.
New and Up to Date Chinese and American Dishes
CLEAN, GOOD SERVICE
OPEN DAY AND NIGHT
Phone 657 Tables for Ladies Booths for Private Parties

J. W. Agee

The Cash GROCER

Phone No. 167
Your Patronage Appreciated

NOTICE

To all Purchasers of "REXALL" SCHOOL TABLETS

Offer will hold good up to and including Friday, December 24th, 1915.

This offer was as follows:
To the person holding the greatest number of "Rexall" School Tablet Covers will be given an "Eastman \$3.00 Kodak."
Second greatest number, a \$2.00 Kodak.
Third greatest number, a \$1.00 Kodak.
Clip out this "ad" for reference.

Ringer Drug Co.

"The Rexall Store"

For Your Trip "Back Home"

Traveling Bags--Suit Cases Ideal Christmas Gifts

Raines Saddlery Co.

Phone 190 208 W. Main

J. L. WILSON TRANSFER

Goods hauled anywhere. Prompt and careful attention given to every order. STORAGE FACILITIES UNEQUALLED

Phone 72



HAL M. CANNON

GENERAL INSURANCE—SURETY BONDS

If you are in need of money to build a home, or to take up indebtedness against City property of any character, I can furnish you the money on the monthly payment plan at a low rate of interest. Exceptional contract. Plenty of money. Do my own inspecting.

Phone 121 Notary in Office 114 West Main St.

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Manufacturers of
WINDOWS, DOORS, FRAMES
and All Kinds of Interior Finish

A Specialty on Window and Door Screens

TELEPHONE 324
402 NORTH CADDO STREET

New Shipment of "Hot Spot" Gas Heaters Just Arrived

The above Heaters are included in my Cost Sale and will be set in your home, complete

For Only \$4.00 In the Largest Size

Twenty-one thousand of these wonderful stoves sold in Chicago this season.

Remember, we sell you this stove under a strict guarantee. My cost sale is still going, many reservations for Christmas delivery being made. You will have to hurry to get the wonderful bargains in these

Dining Chairs and Upholstered Spring Seat Rockers

Remember, they cost You No More

than common wood seat rockers. Only car load freight and prices make this possible. While they last, they are Yours for Cost.

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